

4-H Life Skills Evaluation Form

We want to know how well 2007 Health Rocks works. We are asking you to answer the following questions about what you may have learned from being in 2007 Health Rocks. It should take about 10 minutes of your time to complete the survey. You do not have to fill out this survey. If you decide not to fill out the survey, it will not affect your participation in future U of A Division of Agriculture programs. Your answers will be anonymous and will not be identified in any way. This means that no one will know how you have answered any of the questions. Answering the questions means you have agreed to participate in this evaluation. If you have any questions about this survey or the evaluation, please contact Brian Helms at (501) 671-2289.

| Tell us about yourself (Check one response to each question). | | | | |
|---|---|--|--|--|
| 1. My age falls in the following group. <input type="checkbox"/> 9-10 <input type="checkbox"/> 11-13 <input type="checkbox"/> 14-17 <input type="checkbox"/> 18-25 <input type="checkbox"/> 26-35 <input type="checkbox"/> 36-45 <input type="checkbox"/> 46-55 <input type="checkbox"/> 55+ | 2. My grade in school is: <input type="checkbox"/> 6th <input type="checkbox"/> 7th <input type="checkbox"/> 8th <input type="checkbox"/> 9th <input type="checkbox"/> 10th <input type="checkbox"/> 11th <input type="checkbox"/> 12th | 3. I am: <input type="checkbox"/> female <input type="checkbox"/> male 4. I would describe myself as? <input type="checkbox"/> Hispanic or Latino <input type="checkbox"/> Not Hispanic or Latino | 5. I would further describe myself as: <input type="checkbox"/> White / Caucasian <input type="checkbox"/> Black or African American <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian or other Pacific Islander <input type="checkbox"/> Racially Mixed | 6. My current home is: <input type="checkbox"/> farm <input type="checkbox"/> rural non-farm <input type="checkbox"/> town under 50,000 <input type="checkbox"/> city over 50,000 |

| For each statement, circle one number in both the "Before" and "After" columns | | | | | | | | | |
|---|---------------------------------------|-----------|---------|-----|--|-----------|---------|-----|--|
| | Before...participating in my 4-H Club | | | | Now...after I have participated in my 4-H Club | | | | |
| | No | Sometimes | Usually | Yes | No | Sometimes | Usually | Yes | |
| Because of my participation in 2007 Health Rocks I am able to: | | | | | | | | | |
| Decision Making - Choosing among several alternatives. | | | | | | | | | |
| 1. List my options before making a decision. | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| 2. Think about what might happen because of my decision. | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| 3. Evaluate decisions I have made. | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| Leadership - To assist a group in meeting its goals by showing or directing along the way; using personal influence to guide a group in reaching a goal. | | | | | | | | | |
| 1. Organize a group to reach its goal. | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| 2. Use different leadership styles. | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| 3. Get others to share in leadership. | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 | |
| Total Indicators Selected: 6 | | | | | | | | | |